

What is the Lifecycle® Connect Website?

It is a comprehensive on-line tool with the following features:

- A detailed description of your EAP benefits as well as a collection of resources to support work, care giving and wellness issues
- A menu containing more than 90 topics
- Thousands of pages of the most current and comprehensive behavioral health news and articles
- Numerous categorized videos and hyperlinks to information on specific conditions, treatments, associations and support groups
- Searchable databases for child care and elder care
- Screening quizzes and glossaries
- Google translation feature for 50+ languages
- RSS feed subscriber



employee assistance

800.543.5485

online : www.feieap.com
username : goguard



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Solutions focused on navigating the spectrum of life events—EAP services make it easy for you to improve the quality of your life at home and at work.



employee assistance program



- Counseling Services
- Legal & Financial Services
- LifeCycle® Connect Website

services provided by :



Milwaukee, Wisconsin
New York, New York

we're here to help

Struggling with personal relationship issues?

Needing answers to a legal or financial concern?

Feeling stress from job or family responsibilities?

Finding that your anger seems to control you?

Looking for help in coping with a loss?

Concerned about your (or a family member's) alcohol or drug use?

Feeling worried or sad?

Worried about how stress is affecting your health?

What Is the Employee Assistance Program?

Most of us face difficult challenges at different stages of our lives. Many of us feel stressed from juggling increasing responsibilities, from financial pressures to relationship issues. Sometimes we find ourselves facing legal concerns brought on by life events such as divorce, child custody, real-estate issues, and more. Having professionals to turn to when facing these situations can make all the difference. The Employee Assistance Program (EAP), paid for by your employer, offers professional counseling, telephonic support and online resources 24 hours a day, 7 days a week, all at no cost to you.



What Does My Benefit Include?

Your benefit begins with a call to the EAP, where an EAP counselor will provide an initial phone assessment of your needs and, if appropriate, will refer you for short-term counseling at a location near your home or workplace. You and your eligible family members are entitled to up to six confidential, in-person EAP counseling sessions per incident. An incident is defined as a distinct and unique problem. There must be at least a 30 day break between your last session for "Problem A", and your request for sessions for "Problem B".

If services beyond the EAP are needed, the counselor can help you explore options which may include a referral to a professional in your insurance plan.



What Are Legal and Financial Services?

This benefit provides telephonic consultation with an attorney or financial advisor for information and referrals for a wide range of legal and financial issues at no cost to you. Referrals for ongoing legal services will be offered at a 25% discount off of customary fees. One consultation with a legal or financial professional is available per issue.

How do I access the service?

Begin by calling your toll-free number at 1.800.543.5485 to access services, and plan to spend up to 15 minutes with an EAP counselor for an initial phone interview. You may also contact the program online at www.feieap.com; username: goguard.

Is it confidential?

Yes. To ensure confidentiality, all services are provided by FEI Behavioral Health (FEI), an independent provider of EAP services. Information about your personal situation is protected within the limits of state and federal laws pertaining to confidentiality.



employee assistance

confidential assistance available
24 hours a day, 7 days a week



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