State of Wisconsin Department of Military Affairs State Human Resources Office DMA-3501 (R. 06/2025)

Military Affairs Security Officer Physical Readiness Test Record of Results



INSTRUCTIONS: This form is to be completed by the test administrator(s) at the time the Physical Readiness Test (PRT) is conducted for job applicants and current employees in Military Affairs Security Officer (MASO), MASO-Senior, and MASO Supervisor classifications. The completed form must be submitted to the DMA Medical Coordinator at DMAMedicalCoordinator@widma.gov for retention in the individual's confidential medical file.

Before beginning each event, the test administrator will demonstrate techniques to be used during the event. In addition, prior to the start of the PRT, the test administrator will speak with the participant to ensure the participant's ability to complete the test without restrictions. If the participant declares they are unable to participate due to a restriction, the test will be terminated or will not be given, and the test administrator should immediately contact the DMA Medical Coordinator.

PARTICIPANT NAME	REASON FOR TEST
	☐ Pre-Hire ☐ Annual ☐ Return to Work
TEST DATE	ATTEMPT
	□ 1 □ 2 □ 3 □ 4
Participant acknowledges that they feel physically	PARTICIPANT SIGNATURE
and mentally capable of attempting the PRT today.	
Participant refuses to attempt the scheduled PRT.	
Reason:	
PUSH / PULL / LIFT	AGILITY RUN (Pass = 23.4 seconds or less)
PUSH Pass Fail	Pass Fail
PULL Pass Fail	Time of course completion seconds
LIFT Pass Fail	
TRAINING DUMMY DRAG / CARRY	SIT-UPS (Pass = 24 within 2 minutes)
Pass Fail	Pass Fail
	Number of sit-ups
300-METER RUN (Pass = 90 seconds or less)	PUSH-UPS (Pass = 18 within 5 minutes)
Pass Fail	Pass Fail
Time of course completion seconds	Number of push-ups
1.5 MILE RUN (Pass = 20 minutes or less)	
Pass Fail	
Time of course completion minutes seconds	
Participant self-terminated the PRT	
Administrator terminated the PRT	
D	
Reason:	

The signatures below acknowledge that this Physical Readiness Test Record of Results form is accurate and complete to the extent of our ability.

TEST ADMINISTRATOR NAME (PRINT)	CLASSIFICATION / JOB TITLE
TEST ADMINISTRATOR SIGNATURE	DATE SIGNED
TIMEKEEPER NAME (PRINT)	CLASSIFICATION / JOB TITLE
TIMEKEEPER SIGNATURE	DATE SIGNED